

# CHILDREN AND YOUTH SPREADING KINDNESS THROUGH A 'KIND LEADERS MOVEMENT'

Children advocating, mobilizing, raising awareness, informing and communicating.

Asia and the Pacific: Brunei, Cambodia, China, India, Indonesia, Malaysia, Myanmar, Philippines, Singapore, Thailand, and Vietnam

The 'Kindness Leaders Movement' is training children to be 'Kind Leaders' In Brunei, Cambodia, China, India, Indonesia, Malaysia, Myanmar, Philippines, Singapore, Thailand, and Vietnam. Their overall aim is to end physical, social, emotional and cyber violence against children, improve their mental-emotional wellbeing, and increase child participation and leadership in social advocacy. To achieve this they equip children with leadership skills based on kindness and empathy, which were launched during an annual Kindness Leaders Conference. So far, over 700 children have been trained to become Kindness Leaders, and students participants in Indonesia, Malaysia, Philippines and Thailand have organized their own Kindness Leaders events and initiatives addressing bullying and cyberbullying, domestic violence, violence in institutions, mental health, SDGs, education and peace-building. Spreading kindness is at the core of this initiative, which will keep growing as 97% of participants have confirmed wanting to bring the movement into their own country.

**Time to Talk / From Advocacy Actions Document**

